

BBB: BUILDING BETTER BLOKES GROUP

Not “fixing” building!

A group for blokes to *really* talk with other guys
about the bigger issues in their lives



1. A fortnightly evening group (normally on a Tuesday night 6pm-8.15pm¹);
2. May be suitable for blokes who may be less willing to see a Psychologist 1:1;
3. With a GP Mental Health Care Plan, participants may be eligible for a Medicare rebate for “Group Therapy” (Medicare Item No 80120) with a rebate to the client of \$21.65. (My overall fee would be \$60, so they’d have a “Gap” of \$38.35);
4. You need to book in advance via my booking service – phone **1300 50 67 68** (i.e. no “Walk-Ins”) The location will be nearby to the Huntingdale office;
5. Group needs to have at least seven (7) participants to be viable (can be up to 10);
6. Participants need to pay on the night (\$60), before the group starts via cash or credit/debit card, i.e. there can be no “credit” and participants will not be able to start in the group if unable to pay. A Medicare receipt will be supplied for rebate;
7. Further information email Huntingdale@liferesolutions.com.au or go to website; <https://www.colinlongworth.com.au/building-better-blokes-group>

Colin Longworth Assoc. MAPS

B Psych *ECowan*, GradDipCounsel *Murdoch*, Psychologist & Counsellor – Huntingdale Provider No. 449 8226W

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¹ 5.30pm set-up 6pm start, 7pm a 15min break, for delivered pizza, 7.15pm-8.15pm, (8.15>8.30pm my close up etc.)

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<https://www.facebook.com/LifeResolutionsHuntingdalePsychologist/>