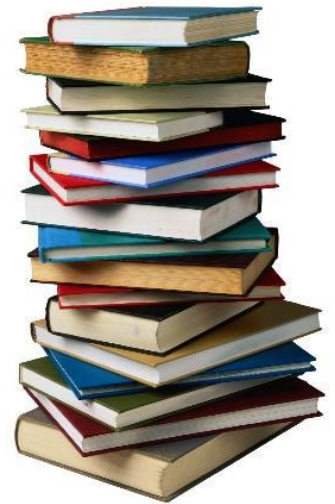




## Books about dealing with difficult people, workplace bullies, narcissists, or other difficult situations: A few suggestions

*The following books are ones I've often referred clients to and found to be useful, depending on the situation.*

*They will all be available either via public libraries and may also be available as an electronic(@), or Kindle(K) or Audio(A) version, (or a combination of these options) along with being able to be bought online, or from a physical "Bricks and Mortar" bookshop, or the publishers themselves.*



In alphabetical order by author:

Dr Les Carter (2005): [Enough About You, Let's Talk About Me: How to Recognize and Manage the Narcissists in Your Life](#) @ K

Andrew Fuller (2009): [Tricky People: how to deal with horrible types before they ruin your life](#)

Andrew Fuller (2007/2013) [Tricky kids : transforming conflict and freeing their potential](#)

Dr Kevin Leman (2008): [Have a New Kid by Friday : How to change your Child's; Attitude; Behavior & Character in 5 Days](#) @ A

Dr Helen McGrath & Hazel Edwards (2000/2009): [Difficult Personalities: A practical guide to managing the hurtful behaviour of others \(and maybe your own\).](#) A

Robert Sutton (2007): [The No Asshole Rule: Building a Civilised workplace and Surviving One that Isn't](#) A

Robert Sutton (2017) [The Asshole Survival Guide: How to deal with people who treat you like dirt.](#) K A

### Feel you'd like to talk with someone about your situation?

You can book an appointment via my booking service on 1300 50 67 68 or 24/7 via

SAVE TIME - Book your next appointment online!

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 OR DOWNLOAD THE HEALTHENGINE APP  

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