

## Retiring with Grace:

### Without her wanting to *throttle* you too often!

A talk about the Psychological adjustments to retirement

(We'll leave the financial side to the accountants, Financial Advisers etc.)



Will you be a;

- Continuer;
- Adventurer;
- Searcher;
- Easy glider;
- Involved spectator; or
- Retreater?

I'll also discuss how retirement can mean looking at;

- Your Identity;
- Your Relationships and
- Your Purpose in life

Along with other aspects....

- When:** 2pm Saturday 22<sup>nd</sup> June 2019
- Where:** Mills Park Centre - Lesser Hall  
85 Brixton St, Beckenham, 6107
- Cost:** \$15 per Person or \$20 a couple
- Bookings:** Trybooking.com  
(Look for "Retiring with Grace")  
Or at the door if space available
- Presenter:** Colin Longworth - Psychologist
- Further Info:** *Life Resolutions Huntingdale*  
*Facebook page*



## See you there!

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